Minneapolis Veterans Home
FY20 Site Visit Report

Date: December 17, 2019

Location: MPLS Veterans Home

Dept. Rehab Committee Members: Wilson Spence, Bill Brockberg, Roy Bressler, Gary Munkholm and Dan Tengwall. Dept. Service Officer, Jeremy Wolfsteller.

RE: The American Legion Dept. Rehabilitation Committee is tasked with staying engaged with agencies that aid Minnesota veterans. The committee does this by conducting System Worth Saving Site Visits throughout the year. These locations include Sioux Falls, Fargo, St. Cloud and Minneapolis VA Healthcare Systems, St. Paul and Fargo Regional Offices, Minneapolis, Hastings, Luverne, Fergus Falls and Silver Bay Veterans Homes. Additional Site Visits are conducted at VA CBOC’s, Vets Centers, and Minnesota nonprofits that serve veterans when the budget allows.

Meeting Attendance: Chairman Wilson Spence, Bill Brockberg and Jeremy Wolfsteller. Administrator Tom Paul.
Minneapolis Overview:

The Minneapolis Veterans Home is located on a peaceful, 53-acre wooded campus overlooking the Mississippi River near Minnehaha Falls. The campus contains 300 skilled nursing beds and 50 domiciliary beds in private and semiprivate rooms.

The Home’s legacy began in the late 1800s when, what was then called the Old Soldiers Home, was built for indigent Veterans of the Civil War. Providing care for Veterans for the past 130 years, the shift in focus to making the health care needs of Veterans Homes a primary concern began in the 1960s.

The services are delivered by a dedicated staff of professionals who are passionate about providing the quality care our Veterans deserve - in a highly personalized manner. This care is enhanced by the natural beauty of the surroundings.

Residents enjoy an assortment of services designed to meet their physical, social and spiritual needs which include:

- Skilled Nursing Care with a specialty in Dementia Care
- Medical Services, with 24-hour Nursing Care
- Recreational Therapy
- Rehabilitation
- Chaplain and Spiritual Care Services
- Diet and Nutritional Services
- Pharmaceutical Services
- Assistance with VA Benefits
- Social Services
- Barber and Beautician Services
- Work Therapy
- Transportation to Minneapolis VA Health Care
- Mental Health Services
- Resident council
- Family Council
- Volunteer Services
- Award-Winning Nursing Care Approaches
- Private rooms
- On site Dental care
Minneapolis Veterans Home FY20 Site Visit

Meeting Minutes:

- The Home’s authorized operating bed capacity is 300. There is currently 293 beds filled. Around 50 of the Home’s residents have a severity of 70% service-connected disability’s rated by the VA. This is an important statistic because the veteran can receive care at no cost and the Home receives a higher-level per-diem from the VA.

- The Home continues to have an 8-10-month average wait time for veterans to get in. Once a veteran’s name is next on this list that exhibits a skilled need, there still is a 5 to 7-day processing time for enrollment compared to the private sectors 24 hours. This is due to the additional paperwork that needs to be captured. Because of the 90/50 rule the Home can only have so many beds available for spouses of veterans. Currently there is approximately a 3-year waiting period.

- Minneapolis Veterans Home has seen the demographic of veterans needing skilled care start to shift over the last year. The average age once was 70 and older and now the age is anywhere from 60-75 years of age. Most of the veterans are Vietnam area.

- The Home converted their old auditorium into an education center to provide training to student’s through partnerships with local colleges like Inver Hills Community College. The renovations only cost around $30,000 from existing funds. Mary Mechelich is MDVA Homes Education Coordinator who oversees the training program.

- March 2019 the Home’s new 12 bed private secured unit opened. The unit is specifically for wondering patients, it has 8 current residents. There are 2 HST’s or NA’s and 1 Nurse assigned to the unit.

- The cost of care per day is around $480, the Home receives VA per-diem per veteran per day. The Adult Day program is $89.52 per day, Domiciliary is $48.50 per day, nursing home rate is $112.36 per day and around $480 per day for veterans 70% service connected or greater, or veterans receiving skilled care for a SC condition.
Minneapolis Veterans Home FY20 Site Visit

Meeting Minutes

- Bridge update: Jan 9th Ribbon Cutting. Legionnaire paper What’s Happening Section announcement.

- Future project may include converting the high-pressure steam boiler system to low pressure boiler. This could cost around 4 million to convert the system. This would be a more efficient heating system that would be easier and more affordable to maintain.

- The Rehab committee informed Mr. Paul that the new BWN law could affect some of his residents and that their benefits should be looked at closely

Chairman: Bill Brockberg
Secretary: Jeremy Wolfsteller
Minnesota Veterans Home Facility Questionnaire

Executive Leadership

➢ Facility name: Minnesota Veterans Home-Minneapolis

➢ Wait times:
  o What are the average wait times for veterans to get into the Home? 8-10 months
  o What are the average wait times for spouses to get into the Home? 3 years

➢ Staff Vacancies (by occupation):
  o What is your total number of vacant positions and what are the positions? 74
  o How long have the positions been vacant? 60-90 days
  o Reason for vacancies? Retirements, job transfers, terminations
  o Do you have a succession plan in place to address your current and future vacancies? For most positions we do not have a succession plan. We try to have them for Management positions but because of our inability to post new positions until we receive a resignation notice it make the succession planning difficult.
Facility Demographics:

- What type of care/services is unique to your Veterans Home? Behavioral Mental Health, In house Dental Clinic, Semi and secured units
- What percentage of residence are SC 70% or greater? 50
- What is your authorized and operating bed capacity? 300
- How many admissions did you have the last fiscal year? 85
- Please provide a breakdown of your funding allocations for the past three fiscal years. See attached
- Of the number of enrolled veterans/spouses, please provide the number of:
  - Men 264
  - Women 2
  - Spouses 27

Patient Safety:

- If available, please provide copies of your last annual Patient Safety Reports. See attached

Outreach Activities:

- How many outreach events did your Veterans Home participate in during last fiscal year? 26, see attached
- How many outreach events is your Veterans Home to participate in this fiscal year? 31, see attached
The American Legion

➢ Facility Upgrades:

   o What are new remodeling projects completed or wanting to develop?

      New flooring bldg. 19 Atrium, Community Room first floor hall bldg. 19, front entry. Finished 2nd half parking lot and roadway resurfacing. Remodel old Auditorium in bldg. 15 and chapel to create an education center.

➢ Medicare Certification:

   o Where is the Home currently with being certified? MHD license, CMS Medicare certification for all 300 beds

   o How does the process work to receive compensation? Invoices generated based on contract with Medicare and Rug rates established for various levels of services identified through the MDS process. Billed within 30 to 45 days following the services rendered.

Comments:
## Minneapolis Skilled
### FY19 2nd Quarter Budget Projection

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<thead>
<tr>
<th></th>
<th>FY18 Year End</th>
<th>FY19 Year End</th>
<th>FY20 Start</th>
<th>FY20 1st Quarter</th>
<th>FY19 to FY20 Difference</th>
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<tr>
<td><strong>High Level Snap Shot of FY20 Budget</strong></td>
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<td>Total Funds Available</td>
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<td>Maintenance</td>
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<td>Regular Per Diem</td>
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<td>70% Per Diem</td>
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<td><strong>Total Revenues</strong></td>
<td>24,894,459</td>
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2019 Community Outreach Events

Metro CVSO Tours – 35 participants
Congressional and Legislative Tours – approx. 5 tours
St Cloud VA Leadership in Training presentation and tours – 25 guests
Bowlers for Veterans Link – Represented Homes at 3 tournament fundraisers
Branch of Service Recognition Week (June, approx.. 50 guests)
Muskies Inc., Fishing Opener – 200+ guests
MN Muscle Car Show and Picnic – 50+ guests
VFW Veterans Appreciation Day – 50+ guests
UAW Full House picnic – 100 guests
MVH State Fair – 200+ Guests
MN Corvette Classic Car Show and Family Picnic – 100+ guests
Host site for Alzheimer’s Longest Day Puzzelpalooza/fundraiser – 50+ guests
Venue for quarterly Navy Nurse Meetings
Monthly Inter-generational Toddler Story Time (ages 6 mo. to 100 yrs.)
DAV dinner – 15 guests
DAV SPAM breakfast – 12 guests
American Ex-POW Dedication – 35-40 guests
Memorial Day Program – 250+ guests
Pheasant Dinner and Tours – 50 guests
Venison Dinner – 40 guests
Veterans Day Program – 300 + guests
Christmas Eve Day brunch — full house and family/friends — 200+ guests
VFW conferences and conventions — 3
AL conferences and conventions — 2
DAV conferences and conventions — 3
Service Organization monthly meetings — 12-15
2020 PLANNED
OUTREACH EVENTS

American Legion:
- Summer Convention
- Fall Convention
- 5th District Convention
- Post visits upon request (approx. 5-7 per year)
- Flag Retirement Ceremony – on-site

VFW:
- Mid-winter convention
- Summer Convention
- Fall Conference
- 7th District meeting – holiday party
- Post visits upon request (approx. 6-8 per year)
- Headquarters – judge for annual Community Service Contest Books
- Headquarters – judge for the annual High School Voice of Democracy Essay Competitions

DAV:
- Spring Convention
- Fall Conference
- Attend Chapter 1 meeting – once a year

Bridge Ribbon Cutting/Education Center Opening – Politicians and Community

Attend Testimonial dinners for Department and District Commander/Presidents

Attend – St. Thomas University Veterans Ball (include 2 Residents)

Host site and participate:
- Navy Nurses – quarterly meetings
- Possibly DAV Chapter 1

Monthly invites to Community for:
- Yappy Hour
- Intergenerational Toddlers Story Hour

Attend Base Community Outreach meetings with Military base commanders/PR and community businesses – Quarterly meetings

Attend miscellaneous meetings with organizations such as:

- United Heroes League
- General Mills Veterans Network
- St. Thomas University Volunteer Fair
- U of M Volunteer/PR Fair
- 96th Squadron Retirees

And others upon request.